

Cherkezko Horo

(Bulgaria) (Tarnovo area)

(Chair-KEZ-koh Ho-ROH) from the Tarnovo area of Bulgaria is a Circassian dance originally from North Bulgaria. Circassians were a horse riding tribe from the Caucasus Mountains that settled in Bulgaria. The stamping steps imitate the stamping of horses. This dance was learned by Toba Goddard in Plovdiv, Bulgaria, from Igliska Andonova in August, 2008

CD: *Jim Gold Int. Folk Tours, Bulgaria, 2008, Band 25. 9/8 meter*

Formation: Open circle, hands joined in V-pos.

Styling: Maintain a very erect torso during the whole dance.

Measure	9/8 meter	PATTERN
8 meas	<u>INTRODUCTION</u> . No action.	
	I. <u>MOVE IN LOD</u>	
1-2	Step smoothly R, L, R, to R (cts 1-6), then on the flat of the L foot and the ball of the R foot always moving in LOD, a very quick 2 steps (cts 7-9)	
3-4	Repeat meas. 1-2 with opp ftwk in LOD	
	II. <u>STAMPS TO THE CENTER</u>	
1-2	Facing center, step on R and stamp L next to R (cts 1-2), step on L and stamp R next to L (cts 3-4), step on R and stamp L next to R (cts 5-6), step on L raising R knee, step on R raising L knee, touch L heel next to R foot (cts 7-9)	
3-4	Repeat Pattern II meas 1-2 with opp ftwk still facing center	

Repeat dance from beginning until the music ends.

Dance Description by Toba Goddard

Presented at Gypsy Camp North 2008 by toba Goddard