

Cigany Tanc / Ciganytanc

(Gypsy dance from Hungary)

The Gypsy dances of Hungary represent a living tradition, practiced and evolving today. In each area, the dance takes on the flavor of the majority party.

Pronunciation: TSEE-gahn TAHNS

These Gypsy dances are freestyle dances done to 2/4 music. They can be danced using the emphasized 1 beat or dance using both beats 1 &. By mixing both rhythm patterns rich and complex steps can be developed.

Some basic rules:

1. Don't touch your partner
2. At the same time beware of your partner and flirt with them.
3. Avoid direct eye contact.

2/4 meter

Formation:

Partners facing each other any where on the dance floor.

HEEL, TOE, HEEL, STEP

Touch R heel on floor in front and slightly diag R (ct 1); touch R toe on floor across and in front of L ft (ct2). Repeat measure 1, ct 1 (ct 1); step on R next to L ft (ct 2). Repeat measures 1-2 with opp ftwk.

Toe, Heel, Toe

As above replace toe for heel and heel for toe. Touch ends of toes for more effect.

WALKING STEP.

Step on R to R side (ct 1); step on L in front of R (ct 2). Repeat measure 1, ct 1 (ct 1); touch L heel on floor to the front (ct 2). Repeat measures 1-2 with opp ftwk and direction.

SIDE STEP

Step on R to R side (ct 1); step on L next to R (ct &); step on R to R side (ct 2); step on L next to R (ct &). Step on R to R side (ct 1); Touch L toe on the floor, across and behind R ft (ct 2). Repeat measures 1-2 with opp ftwk and direction.

TOUCH STEP

Touch R heel or toe on the floor to the front (ct 1); lift heel or toe off floor and move it slightly to R side (ct &); click both heels together with both ft on floor (ct 2). Repeat measures 1 with opp ftwk.

Steve's basic steps

PIHENO (Rest)

Facing center touch R toe (or heel) fwd (ct 1); step on R beside L (ct 2); touch L toe (or heel) fwd (ct 3); step on L beside R (ct 4).

SETALO (Walk)

Facing center , touch R toe (or heel) fwd (ct 1); turning to face slightly R of center , step on R in LOD (ct 2); step on L across in front of R (ct 3); turning to face center , step on R to R (ct 4).

Repeat measure 1 with opp ftwk and direction.

HEEL TWISTS

With wt on L ft, and ball of R ft touching slightly fwd, bounce on L (bending R knee slightly) and twist both heels to L (ct 1); bounce on L and twist both heels to R, lifting R ft slightly (heel out and knee close to L knee) (ct &); step on R beside L (ct 2); repeat cts 1, &, 2 with opp ftwk and direction (cts 3, &, 4).

FORWARD AND BACK WITH CLICK AND TWISTS

Facing center, move fwd with accented steps R, L, R (cts 1, &, 2); click L ft to R ft (ct 3); shifting wt to L ft, twist heels to L (ct 4).

Step bkwd on R, twisting L heel to R (ct 1); step bkwd on L, twisting R heel to L (ct 2); repeat cts 1, 2 (cts 3, 4).

STEP-TAP

Step on R in place (ct 1); tap L heel next to R, no wt (ct &); step on L in place (ct 2); tap R heel next to L, no wt (ct &); step on R heel to R (ct 3); step on L behind R (ct &); step on R to R (ct 4); tap L heel next to R, no wt (ct &); Repeat meas 1 with opp ftwk and direction.

CIRCLING (for women and men)

Step on R heel to R (ct 1); step on L behind R (ct &); step on R to R (ct 2); **tap** L heel beside R ft no wt (ct &); step on L heel to L (ct 3); step on R behind L (ct &); step on L to L (ct 4); tap R heel beside L ft, no wt (ct &). Note: Steps are small, as dancer turns smoothly 1/4 turn CW.

OPTIONAL SLAPPING PATTERN FOR MEN

Pull onto R (ct 1); click L ft to R, no wt (ct &); fall onto L (ct 2); click R ft to L (ct &); jump onto both ft, slightly apart (ct 3); click heels together in air (ct &); separate ft in air and land on both ft together with knees bent (ct 4).

Jump onto both ft, R crossed in front of L, with knees bent (ct 1); on balls of both ft, turn once CCW (cts 2-4).

Step on L in place (ct 1); moving twd center, bend fwd to slap R calf with R hand (ct &); step on ball of R ft in place (ct ah); step on L next to R (ct 2); slap R calf with R hand (ct &); repeat cts 1-2 with opp ftwk and slaps (cts 3-4).

Step on L in place (ct 1); slap R calf with R hand (ct &); step on R fwd (ct 2); slap L calf with L hand (ct &); step on L fwd (ct 3); straightening up, slap L thigh with L hand (ct &); slap R calf with R hand (ct 4).