

## Hammerdalsschottis från Kilafors

Hälsingland

**Origin:** Hellevie Krantz (1901 – 1993) grew up in Hammerdal, Jämtland, where she learned the dance. She moved to Kilafors where she married and lived the rest of her life. She taught the dance to her son Rolf Krantz, Växbo, Bollnäs and to her grandson Thomas Krantz.

**Initial Position:** Couples facing LOD.

**Holds:**

A Open side-by-side:  
Inside person R hand on partner's mid-back.  
Outside person L arm over partner's arm, L hand on partner's R shoulder.

B Shoulder-shoulder blade:  
Person facing LOD both hands on partner's shoulder blades.  
Dancer with back to LOD places both hands on partner's upper arms.

**Step:**

A Schottis:  
Outside foot (1), inside (2), outside (3), pause (4)  
Repeat, starting with inside foot.

B Scooter:  
Facing LOD: L on odd counts, R on even  
Back to LOD: R on odd counts, L on even

|           |            |  |        |
|-----------|------------|--|--------|
| Sequence: | Schottis   | Hold A   | Step A |
|           | Transition | Person on R pivots on L foot (4) taking position with back to LOD.   |        |
|           | Scooter    | Hold B   | Step B |
|           | Transition | Backing person opens up to face LOD on L side of partner. Hold on R foot. Forward facing person holds weight on L on last scoot measure. |        |

**Execution:** 2 measures schottis followed by 2 measures scooting. Change sides and hold with partner each time through sequence.

**Character:** Smooth, relaxed. Svikt is long and deep.