

Raka

Bulgaria (Dobrudja)

Raka, (RUH-ka) was learned by Toba Goddard from Iglia Andonova in Bansko, Bulgaria, August, 2008.

CD: *Jim Gold Int. Folk Tours, Bulgaria 2008*, Band 26. 4/4 meter

Rhythm: 4/4 meter, count 1&,2&,3&,4&

Formation: Open circle, hands joined in W-pos.

Steps: Grapevine: Facing R of ctr and moving in LOD step R bending knee (ct 1&), step L behind R bending knee (ct 2&), step R bending knee (ct 3&), step L across R (ct 4&)

Styling: Hands come to V-pos on ct 3 in meas 2 and return to W-pos on the repeat of meas 1, ct 1.

Measure 4/4 meter, count 1&,2&,3&,4&

PATTERN

1 meas INTRODUCTION. No action. .

I. GRAPEVINE TO THE RIGHT

1 1 Grapevine pattern to the right.

II. STAMPS FACING CENTER

2 Facing ctr R in place (ct 1), lifting L knee high; L in place (ct 2), lifting R knee high, step R, L, R (cts 3&4)

3 Step L stamp R (ct 1), step R stamp L (ct 2), step L, R, L (cts 3&4) bringing hands to V-pos (cts 3&4). Return hands to W-pos for the beginning of pattern I.

Repeat dance from beginning until the end of the music

Dance description by Toba Goddard

Presented at Gypsy Camp North, Camp Sacramento, California, Sept. 2008