

Zydeco Two Step

This is the version of Zydeco Two Step that is danced by the Louisiana Creoles in the Sacramento area. Patty and I learned it by going to Zydeco events in the Sacramento Area.

Rhythm: 2/4 meter, count 1-2, 2 2, counted Slow quick, quick.

Formation: Scattered Couples. Shoulder, waste position free hands joined close just below shoulder height.

Measure	PATTERN
1	Men start left, Women right. Count 1-2. Step to the side with a soft knee letting it bend.
2	Men right, women left, count 1 close foot to other foot, straighting leg. Men left, women right, count 2 step in place straighting leg.
1 - 2	Repeat opposite foot work and direction.